



WELCOME

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6TH SUNDAY OF EASTER

22nd May 2022

ST MICHAEL'S HYMNS

Entrance

77 Breathe on me, breath of God

Before the Gospel

673 Thou, whose almighty word

Offertory

284 I am the bread of life

Communion

549 Praise him, praise him, praise him

Final

240 Guide me, O thou great redeemer



COLLECT

Risen Christ, by the lakeside you renewed your call to your disciples: help your Church to obey your command and draw the nations to the fire of your love, to the glory of God the Father.

POST-COMMUNION PRAYER

whose Son Jesus Christ gives the water of eternal life:
may we thirst for you, the spring of life and source of goodness,
through him who is alive and reigns,
now and for ever.



FOR OUR PRAYERS: Doreen, Jacob, Andrew, Janet, Chioma, Prosperity, all those among or close to us who are recovering from illness, and all our young people facing exams.

www.stgeorgeandstmichael.org.uk / admin@foresthillteam.org

GIVE A LITTLE

Help support the work at St Michael's. You can easily donate online using this QR code—scan it with your camera and it will take you directly to the donations page—or ask for our contactless device that you can use to donate with your credit or debit card.



EVENTS THIS WEEK

Monday 23 May

Hall: 09:30-11:30 - Toddler Group

Tuesday 24 May

Hall: 09:30-11:30 - Toddler Group

Hall: 18:30 - 20:00— Pilates

Wednesday 25 May

Church: 09:30-11:30 - Toddler Group

Saturday 28 May

Hall: 09:00-17:00—7th Day Adventists

Sunday 29 May

Church 10:00 - Holy Communion

Hall 13:00-17:00 - I AM Church

UPCOMING EVENTS

Sunday 12 June

Church 10:00 - **Sunday School**

SERVICE INFORMATION

- Our service on the **first Sunday** of every month is lead by our children and young people.
- Sunday School is on the **second** and **fourth Sundays** of the month.

LEWISHAM FOOD BANK

The food bank are in need of food donations. At the time of printing they need:

- UHT MILK (SEMI SKIMMED OR FULL FAT - NOT SKIMMED)
- LONG-LIFE JUICE
- CEREAL
- TINNED TOMATOES
- TINNED SWEETCORN
- TINNED PULSES
- TINNED FISH
- TINNED FRUIT
- TINNED RICE PUDDING
- BISCUITS
- RICE
- COOKING OIL
- PASTA SAUCE
- TEA BAGS
- HALAL/GLUTEN FREE ITEMS
- VEGETARIAN MEALS (NON PERISHABLE)
- LOW/REDUCED SUGAR CEREAL
- NO ADDED SUGAR TINNED FRUIT
- SHOWER GEL
- TOILET ROLLS
- SANITARY TOWELS
- NAPPIES (LARGER SIZES)
- BABY WIPES
- WASHING UP LIQUID
- STRONG CARRIER BAGS

Donations can be brought to church and left in the vestry or can be taken directly to the foodbank:

Delivery address:

Hope Centre
118 Malham Road
London SE23 1AN

Delivery times:

Mon – Fri: 9 am – 3 pm. Please call on **07828 326749** to check before arranging a delivery time.

Thank you!



LOST PROPERTY

There is a box of lost property in the Lady Chapel at St Michael's. Please have a look and see if there's anything of yours in there over the next couple of weeks. After that, it will all be disposed of.



NT: Acts 16: 9—15 (NLT)

⁹ That night Paul had a vision: A man from Macedonia in northern Greece was standing there, pleading with him, “Come over to Macedonia and help us!” ¹⁰ So we decided to leave for Macedonia at once, having concluded that God was calling us to preach the Good News there.

¹¹ We boarded a boat at Troas and sailed straight across to the island of Samothrace, and the next day we landed at Neapolis. ¹² From there we reached Philippi, a major city of that district of Macedonia and a Roman colony. And we stayed there several days.

¹³ On the Sabbath we went a little way outside the city to a riverbank, where we thought people would be meeting for prayer, and we sat down to speak with some women who had gathered there. ¹⁴ One of them was Lydia from Thyatira, a merchant of expensive purple cloth, who worshiped God. As she listened to us, the Lord opened her heart, and she accepted what Paul was saying. ¹⁵ She and her household were baptized, and she asked us to be her guests. “If you agree that I am a true believer in the Lord,” she said, “come and stay at my home.” And she urged us until we agreed.

GOSPEL: John 5: 1—9 (NLT)

Afterward Jesus returned to Jerusalem for one of the Jewish holy days. ² Inside the city, near the Sheep Gate, was the pool of Bethesda, with five covered porches. ³ Crowds of sick people—blind, lame, or paralyzed—lay on the porches. ⁵ One of the men lying there had been sick for thirty-eight years. ⁶ When Jesus saw him and knew he had been ill for a long time, he asked him, “Would you like to get well?”

⁷ “I can’t, sir,” the sick man said, “for I have no one to put me into the pool when the water bubbles up. Someone else always gets there ahead of me.”

⁸ Jesus told him, “Stand up, pick up your mat, and walk!”

⁹ Instantly, the man was healed! He rolled up his sleeping mat and began walking! But this miracle happened on the Sabbath,

