



WELCOME

St George's Tel: 020 8613 0295 +

St Michael's Tel: 020 8778 4563

Priest-in-charge: **Rev Richard Lane**

Team Vicar: **Rev Ifeanyi Chukuka**

richard.lane@foresthillteam.org

On leave

Vicarage: **020 8699 4111**

9TH SUNDAY AFTER TRINITY

1st August 2021

ST GEORGE'S HYMNS

Introit 82

Gradual Psalm Antiphon (78): *The Lord gave them bread from heaven.*

Offertory 299

Communion 381

Recessional 104 (omit vv. 2 & 3)



COLLECT

Gracious Father,
revive your Church in our day,
and make her holy, strong and faithful,
for your glory's sake
in Jesus Christ our Lord.

POST-COMMUNION PRAYER

Holy Father, who gathered us here
around the table of your Son to share
this meal with the whole household of
God: in that new world where you reveal
the fullness of your peace, gather people
of every race and language to share in
the eternal banquet of Jesus Christ our
Lord.

FOR OUR PRAYERS: Betty, Ifeanyi, Margaret, Gemma, Peter, Beverley, Sam, Trevor,
Margaret R., Diane, Shirley, Lorna, Brian

FOR THOSE WHO HAVE RECENTLY DIED: Lucille Cummings, Jan Fraser

IN REMEMBRANCE: Frederick Wagg

50TH ANNIVERSARY

September 12th marks Michael Bray's 50th anniversary of ordination. We will be having a special celebration that day at our 10.00am Eucharist. St George's community would like to mark this auspicious occasion. If you would like to contribute to a gift for Mike, please pass any contributions to Richard or one of the wardens.



RICHARD STUDD RAISING FUNDS!

He is raising money for Kings College Hospital by walking a mile with Susie for 100 days and donating money for every day. If you can support them in their efforts, then please have a word with either Richard Studd, Susie McKenzie or the dog collared Richard.



EMAIL ADDRESSES

We've had some problems with our email addresses over the last couple of years—as some of you may have experienced! The new address for the parish office is:

admin@foresthillteam.org

and for Richard is:

richard.lane@foresthillteam.org

Slightly shorter and hopefully less prone to ending up in your spam folder! Our website will remain where it is for now.

EVENTS THIS WEEK

Monday 2 August

St Michael's: 09:30-11:20 - Toddler Group

St George's: 18:45 - Meditation group

Tuesday 3 August

St George's: 09:30-10:00 - Morning prayer

St George's church: 10:30 - Eucharist

Studio: 19:30-20:30 - Yoga class

St George's Hall: 19:45 - St George's Players Auditions

Wednesday 4 August

St Michael's: 09:30-11:20 - Toddler Group

Studio: 19:30-20:30 - Yoga class

St George's Church: 19:00-21:00 New Life

Thursday 5 August

Chapel 18:30 - Eucharist service

Friday 6 August

St George's Church: 19:00-21:00 New Life

Saturday 7 August

St George's: 09:30 - Morning Prayer on Zoom and in church

Sunday 8 August

St Michael's: 10:00 - Holy Communion service in church & on Zoom

St George's: 10:00—Parish Eucharist

UPCOMING EVENTS

Sunday 5 September

St George's: 11:30 - **Family service**



SATURDAY MORNING PRAYER

We are meeting Zoom and in church. If you'd like the Zoom details, please contact Morwenna by email: morwenna2@ntlworld.com.

LIFTING COVID RESTRICTIONS AT ST GEORGE'S

From this Sunday, we will respond to the lifting of restrictions in the following ways:

- You are asked to continue to wear a mask as you arrive at church and when you leave.
- You may remove your mask whilst seated if you wish.
- Please do not congregate at the door as you arrive, continue to go straight to your seat.
- Coffee will continue as we have been doing for the last few weeks
- Seating will continue to be distanced as at present.
- We will continue to share the peace as at present.
- Communion will continue to be in one kind (bread) only.
- You may now leave via the front door as well as through the garden.
- You may use any of the toilets.
- You are no longer required to sign in upon entry
- You may, if you wish, wash your hands or sanitise them when you arrive.
- We will sing the hymns and liturgy setting together!!



CONTACTLESS GIVING

We now have contactless giving available at our parish churches. In St George's you can either at the terminal in the foyer or using the QR code which is printed below or posted around church. At St Michael's we have a terminal that you can use—please ask Sybil or one of the churchwardens if you would like to use it. And the QR code is also below

ST GEORGE'S QR CODE



ST MICHAEL'S QR CODE



NT: Ephesians 4: 1—16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love, ³ making every effort to maintain the unity of the Spirit in the bond of peace. ⁴ There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵ one Lord, one faith, one baptism, ⁶ one God and Father of all, who is above all and through all and in all.

⁷ But each of us was given grace according to the measure of Christ's gift. ⁸ Therefore it is said,

'When he ascended on high he made captivity itself a captive;

he gave gifts to his people.'

⁹ (When it says, 'He ascended', what does it mean but that he had also descended^[a] into the lower parts of the earth? ¹⁰ He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹ The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working

properly, promotes the body's growth in building itself up in love.



GOSPEL: John 6: 24 - 35

²⁴ So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵ When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' ²⁶ Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves.' ²⁷ Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' ²⁸ Then they said to him, 'What must we do to perform the works of God?' ²⁹ Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' ³⁰ So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' ³¹ Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat.'" ³² Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³ For the bread of God is that which comes down from heaven and gives life to the world.' ³⁴ They said to him, 'Sir, give us this bread always.'

³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'