

# Forest Hill Team Parish



# St Michael's Holy Communion

# The Gathering

*A hymn may be sung*

## The Greeting

The Lord be with you.

**All And also with you.**

*From Easter Day to Pentecost the acclamation follows:*

Alleluia. Christ is risen.

**All He is risen indeed. Alleluia.**

## Prayer of Preparation

**All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name; through Christ our Lord. Amen**

## Prayers of Penitence

*The commandments or the following summary of the Law may be used*

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

**All Amen, Lord, have mercy.**

## Invitation to Confession

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

**All** **Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.**

*Or*

**All** **Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what he have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.**

*The following may be sung*

Lord, have mercy

**All** **Lord, have mercy**

Christ, have mercy

**All** **Christ, have mercy**

Lord, have mercy

**All** **Lord, have mercy**

*The president says*

Almighty God, who forgive all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**All** **Amen.**

**Gloria in Excelsis**

**All** **Glory to God in the highest,  
And peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,**

**we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## The Collect

*The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said.*

**All     Amen.**

## The Word

### Readings

*Either one or two readings from Scripture precede the Gospel reading, at the end of each, the reader may say*

This is the word of the Lord

**All     Thanks be to God**

*A psalm, hymn or song may be sung.*

### Gospel Reading

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to N

**All     Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord

**All Praise to you, O Christ.**

Sermon

The Nicene Creed

**All We believe in One God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come.**

**Amen**

## Prayers of Intercession

*After each prayer the following responses may be used*

Lord in your mercy

**All Hear our prayer**

In the power of the Spirit and in union with Christ,  
let us pray to the Father.

Almighty God, our heavenly Father, you promised through your Son  
Jesus Christ to hear us when we pray in faith.

Strengthen *N* our bishop and all your Church in the service of Christ,  
that those who confess your name may be united in your truth, live  
together in your love, and reveal your glory in the world.

Bless and guide *Elizabeth our Queen*; give wisdom to all in authority;  
and direct this and every nation in the ways of justice and peace; that  
we may honour one another, and seek the common good.

Give grace to our families and friends, and to all our neighbours, that  
we may serve Christ in one another, and love as he loves us.

Comfort and heal all those who suffer in body, mind and spirit...;  
give them courage and hope in their troubles; and bring them the joy  
of your salvation.

Hear us as we remember those who have died in the faith of  
Christ...; according to your promises, grant us with them a share in  
your eternal kingdom.

Rejoicing in the fellowship of St Michael and all your saints, we  
commend ourselves and the whole creation to your unfailing love.

Merciful Father,

**All accept these prayers for the sake of your Son our Saviour  
Jesus Christ. Amen.**

## The Peace

We are the body of Christ. In the one Spirit we were all baptised into  
one body. Let us then pursue all that makes for peace and builds up

our common life.

Or

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you.

**All**            **And also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

Notices

*A hymn is sung, during which a collection is taken.*

## Preparation of the Table

### Taking of the Bread Wine

*The gifts of the people may be gathered and presented. The table is prepared and bread and wine are placed upon it. The president takes the bread and wine.*

Yours Lord is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

**All**            **All things come from you. And of your own do we give you.**

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made, It will become for us the bread of life.

**All**            **Blessed be God for ever.**

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation.

**All**            **Blessed be God for ever.**

### Prayer G

The Lord be with you.

**All**            **and also with you.**

Lift up your hearts.

**All**            **We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Blessed are you, Lord God, our light and our salvation; to you be glory and praise for ever.

From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation.

You give us breath and speech, that with angels and archangels and all the powers of heaven we may find a voice to sing your praise.:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

How wonderful the work of your hands, O Lord. As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied.

He offered his life for sinners, and with a love stronger than death he opened wide his arms on the cross.

On the night before he died, he came to supper with his friends and, taking bread, he gave you thanks. He broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

At the end of supper, taking the cup of wine, he gave you, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

**All Christ has died: Christ is risen: Christ will come again.**

Father, we plead with confidence his sacrifice made once for all upon



the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation; may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence, form us in the likeness of Christ, and build us into a living temple to your glory.

Remember, Lord, your Church in every land. Reveal her unity, guard her faith, and preserve her peace...

Bring us at the last with [*N and*] all the saints to the vision of that eternal splendour for which you have created us;

Through Jesus Christ, our Lord, by whom, with whom, and in whom, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

**All            Blessing and honour and glory and power be yours for ever and ever. Amen**

## The Lord's Prayer

As our Saviour taught us so we pray,

**All            Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power and the glory are yours,  
now and for ever. Amen.**

## Breaking of the Bread

*The president breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**All            Though we are many, we are one body,  
because we all share in one bread.**

*The Agnus Dei may be sung*

**All** Lamb of God, you take away the sin of the world,  
have mercy on us.  
Lamb of God, you take away the sin of the world,  
have mercy on us.  
Lamb of God, you take away the sin of the world,  
grant us your peace.

Giving of Communion

*The president says the invitation to communion*

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

**All** We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

*Or*

**All** Most merciful Lord, your love compels us to come in. Our hands were unclean, our hearts were unprepared; we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners. So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.

*The president and people receive communion*

The body of Christ keep you in eternal life.

**All** Amen

The blood of Christ keep you in eternal life.

**All**            **Amen.**

*Any consecrated bread and wine which is not required for purposes of communion is consumed at the end of the distribution of after the service.*

## Prayer after Communion

*Silence in kept.*

*The Post Communion prayer or another suitable prayer is said.*

**All**            **Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ..Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

*Or*

**All**            **Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the fate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world, Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord.Amen.**

*Or*

**All**            **We thank you, Lord, that you have fed us in this sacrament, united us with Christ, and given us a foretaste of the heavenly banquet prepared for all peoples.Amen.**

## The Dismissal

*The president may use the seasonal blessing or another suitable blessing.*

## Blessing

The peace og God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord;

and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**All**            **Amen.**

*A hymn may be sung.*

*A minister says*

Go in peace to love and serve the Lord.

**All**            **In the name of Christ. Amen.**

*Or*

Go in the peace of Christ.

**All**            **Thanks be to God.**

*Or from Easter Day to Pentecost*

Go in the peace of Christ. Alleluia, Alleluia.

**All**            **Thanks be to God, Alleluia, Alleluia.**