

# WELCOME

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**1<sup>ST</sup> SUNDAY AFTER TRINITY**

**23<sup>rd</sup> June 2019**

## ST GEORGE'S HYMNS

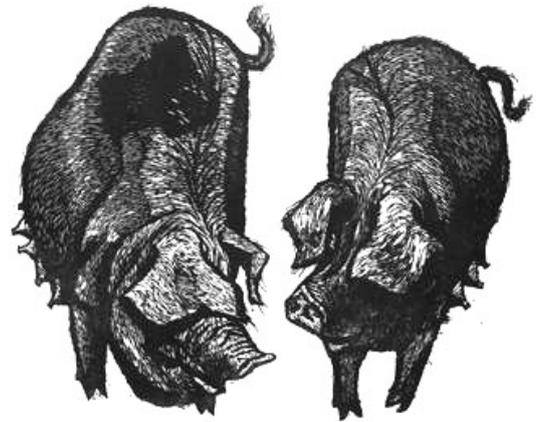
Introit 45

Gradual Psalm Antiphon (63): *For you my soul is thirsting, O God, my God.*

Offertory 144

Communion Blue Sheet: 2, 6

Recessional 636



## COLLECT

God of truth,  
help us to keep your law of love  
and to walk in ways of wisdom,  
that we may find true life  
in Jesus Christ your Son.

## POST-COMMUNION PRAYER

Eternal Father,  
we thank you for nourishing us  
with these heavenly gifts:  
may our communion strengthen us in  
faith, build us up in hope,  
and make us grow in love;  
for the sake of Jesus Christ our Lord.



FOR OUR PRAYERS: TJ, Frank, Jenny, Colette, Joan, Margaret, Joanne

FOR THOSE WHO HAVE RECENTLY DIED: Sara Redlaff, Gwen Fairweather,  
Catherine Benham



## NOTICES

### TEA, CAKE & BIBLE

The next Tea Cake and Bible meeting will be on **Wednesday 26 June** at 14:00 in the studio hall at St George's - **PLEASE NOTE CHANGE OF VENUE!**

Next month we will meet on 10 and 24 July.



### MEDITATION HELP

If you have wanted to try meditation but are unsure where to start the World Community for Christian Meditation has an excellent website [www.wccm.org](http://www.wccm.org) with help and information. A meditation group also meets here at St George's on Monday evenings at 18:45 to meditate for 30 minutes from 19:00 - 19:30.



### BROWNIES & RAINBOWS

... are re-starting fortnightly at St Michael's: 2<sup>nd</sup> Sydenham (Unicorn) Rainbows (5-7 years) 17.30 - 18.30 on Mondays followed by 8<sup>th</sup> Sydenham Brownies (7-11 years) 18.30 - 20.30. More information on [Girlguiding.org.uk](http://Girlguiding.org.uk).

### LEWISHAM INTERFAITH WALK FOR PEACE

Will this year take place on **THIS AFTERNOON** starting at 14:00 at Sivan Hindu Temple SE13 5ES. See the poster in the lobby for more details!



### ST MICHAEL'S SUNDAY SCHOOL & YOUTH SESSIONS

Sunday school dates are as follows: **30 June, 14 July**. Youth sessions are on the **1<sup>st</sup> and 3<sup>rd</sup> Sundays at 11:30**.



### WALSINGHAM PILGRIMAGE

**8 - 10 November 2019**

Places have been booked and the cost is £150, including coach transport. Forms are available from Pat Russell, which have to be returned with the £30 per person deposit as soon as possible but by 21st July at the latest. Do consider joining us for this weekend in the Norfolk countryside.



### SAVANNAH GARDEN

It has been decided to enhance the Savannah Garden at St George's by planting some shrubs. If members of the congregation would like to donate a shrub (price to be confirmed), please speak to Richard, wardens or Janet.

## WOMEN'S FRIDAY GROUP: PIMM'S NIGHT!

**Friday 5 July** the Women's Friday Group are having a Pimm's and Strawberries evening with a backward raffle All are welcome - yes, that means men too! Tickets are £3.00. Please speak to Lynne.



## DRAGON SLAYERS END OF YEAR PARTY

There will be an end of year party for all of our children after church on **14 July**. All are welcome!



## NEXT SUNDAY IN CHURCH

**Sunday 30 June - 2<sup>nd</sup> Sunday after Trinity**

### St George

9:00 - Matins

10:00 - Eucharist

### St Michael

10:00 - Eucharist

## READINGS FOR NEXT SUNDAY

2 Kings 2: 1 - 2, 6 - 14

Galatians 5: 1, 13 - 25

Luke 9 : 51 - end

## EVENTS THIS WEEK

### Monday 24 June

St George's Lobby: 11-14:30 - Coffee shop

St Michael's Hall: 17:30 - Rainbows

St Michael's Hall: 18:30 - Brownies

St George's Church: 18:45 - Meditation group

### Tuesday 25 June

St George's church: 09:30 - Morning Prayer

St George's church: 10:30 - Eucharist

St George's hall: 18:00 - Brownies

### Wednesday 26 June

St Michael's: 09:00 - 11:30 - Mums & Toddlers

St George's Lobby: 11-14:30 - Coffee shop

St George's Church & Studio: 10:00 - Totzone

St George's Studio: 14:00 - Tea, Cake & Bible

St George's Hall: 18:00 - Cubs, 20:00 - Scouts

St George's Church: 19:00 - 21:00 New Life

### Thursday 27 June

Chapel: 18:30 - Eucharist

St Michael's: 19:00 - Guides

### Friday 28 June

St George's Lobby: 11-14:30 - Coffee shop

### Saturday 29 June

St George's church: 09:30 - Morning Prayer

## UPCOMING EVENTS

### Saturday 29 June

St George's: 12:00 - 15:00 - Summer Fair

### Sunday 30 June

St Michael's: 10:00 - Sunday school

### Friday 5 July

St George's: 20:00 - WFG: Pimm's evening!!

### Sunday 14 July

St George's: 11:00 - Dragon Slayers party!

### Wednesday 11 September

Pilgrimage to Rochester

NT: Galatians 3: 23 - end

<sup>23</sup> Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. <sup>24</sup> Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. <sup>25</sup> But now that faith has come, we are no longer subject to a disciplinarian, <sup>26</sup> for in Christ Jesus you are all children of God through faith. <sup>27</sup> As many of you as were baptized into Christ have clothed yourselves with Christ. <sup>28</sup> There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. <sup>29</sup> And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.



GOSPEL: Luke 8: 26 - 39

<sup>26</sup> Then they arrived at the country of the Gerasenes, which is opposite Galilee. <sup>27</sup> As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. <sup>28</sup> When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— <sup>29</sup> for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he

would break the bonds and be driven by the demon into the wilds.) <sup>30</sup> Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. <sup>31</sup> They begged him not to order them to go back into the abyss.

<sup>32</sup> Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. <sup>33</sup> Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

<sup>34</sup> When the swineherds saw what had happened, they ran off and told it in the city and in the country. <sup>35</sup> Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid.

<sup>36</sup> Those who had seen it told them how the one who had been possessed by demons had been healed. <sup>37</sup> Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. <sup>38</sup> The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, <sup>39</sup> 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

